



**FMF & AID**  
Global Association

## PRESS RELEASE

Zurich, 15<sup>th</sup> April 2017

### 1st International Familial Mediterranean Fever Day (FMF) on 17<sup>th</sup> September 2017

The FMF & AID Global Association, a global umbrella organization, representing patients with FMF (Familial Mediterranean Fever) and other autoinflammatory diseases, is launching the 1st International Familial Mediterranean Fever Day on 17<sup>th</sup> September 2017, in cooperation with its member associations and patient groups.

FMF is one of the most common of the autoinflammatory diseases and has its origins in the Jewish/Arab Eastern Mediterranean regions, however, it is still considered a rare disease. The aim is to raise awareness amongst doctors, patients, local authorities, the general public and to offer assistance.

This disease is based upon a genetic defect and is characterized by recurrent episodes of fever and painful inflammation. If left untreated, it can have serious consequences such as permanent organ damage and it may even lead to death. Regular medication and close control are essential. Through global migration, patients are now found worldwide. More and more cases are now being found with no known ancestors from these regions and are assumed to be spontaneous mutations.

On 17<sup>th</sup> September 2017, affiliated patient representatives, as well as patients from the various worldwide support groups (i.e. Australia, Turkey, various Arabic countries, the UK, France, etc.) will mark the 1<sup>st</sup> International FMF Day. The following associations have registered to participate:

- AIFP Associazione Italiana Febbri Periodiche (Italy)
- AMRI Associazione per le Malattie Reumatiche Infantili ONLUS (Italy)
- ANDAI Associação Nacional das Doenças Autoinflamatórias (Brazil)
- ASOCIACIÓN DE ENFERMOS DE FIEBRE MEDITERRÁNEA FAMILIAR Y SÍNDROMES AUTOINFLAMATORIOS DE ESPAÑA: FMF ESPAÑA - FMF Spain
- FMF Maroc (Morocco)

Discussions are currently ongoing for even more associations to take part.

#### Contact data

FMF & AID GLOBAL ASSOCIATION

Malena Vetterli (President and Executive Director)

Zurich, Switzerland

[www.fmfandaid.org](http://www.fmfandaid.org)

E-mail: [info@fmfandaid.org](mailto:info@fmfandaid.org)

